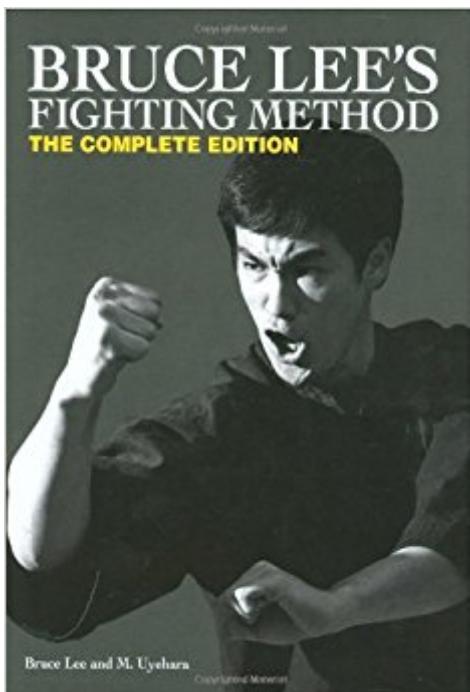


The book was found

Bruce Lee's Fighting Method: The Complete Edition



Synopsis

Vividly illustrating the techniques of a legendary innovator, this definitive examination explains how to survive attacks on the street, increase training awareness, and develop body movements. Originally compiled as a four-volume series, this revised edition breathes new life into a classic work with digitally-enhanced photography of jeet kune do founder Bruce Lee in his prime, a new chapter by former Lee student Ted Wong, and an introduction by Shannon Lee. This renowned compendium once again reclaims its place as an integral part of the Lee canon and a necessary addition for collectors and martial arts enthusiasts alike.

Book Information

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Customer Reviews

Since I have previously written reviews on each of the four original paperback volumes, I am going to limit this review to the concept of putting all four paperback volumes into one hardback volume, rather than rehashing the contents of the book(s) since it is the same identical information in each version, although the hardback version has been nicely restored and improved, but more on that later. I have to admit I was a bit apprehensive about getting this book since I already owned the four paperback books (Bruce Lee's Fighting Method, Vol. 1: Self-Defense Techniques (Bruce Lee's Fighting Method), Bruce Lee's Fighting Method, Vol. 2: Basic Training (Bruce Lee's Fighting Method), Bruce Lee's Fighting Method, Vol. 3: Skill in Techniques (Bruce Lee's Fighting Method), and Bruce Lee's Fighting Method, Vol. 4: Advanced Techniques (Bruce Lee's Fighting Method)) that were used to create this particular book, which encompasses all four paperback volumes into a single hardback volume. However, after picking this book up and skimming through it I decided to purchase it.

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